



Supporting Families Provision at Alvechurch C of E Middle School



Universal level

Whole school pastoral support – good practice.

Whole school assemblies:

- E-Safety
- Mental Health Awareness
- Anti-Bullying
- Self Esteem and Body Image
- British Values
- Values Education as a Church School

Well-Being and safeguarding in the curriculum:

- Mindfulness
- Online Safety
- Relationship Education
- Personal Development

Mental Health Newsletters

Well-Being and Safeguarding signposting on school website.

Extensive Extra-Curricular Clubs offer.

Specialist level

All staff trained in Mental Health First Aid

1:1 pupil support with School's Mental Health Lead.

Bereavement Counselling with Trained school staff

Trauma Informed Practitioner

Parent drop ins with School Mental Health Lead: Sarah Plumb

Mental Health Pupil Workshops:

- Anxiety
- Self Esteem & Confidence
- Depression

Mental Health Parent/carer Workshops.

Signposting external support agencies

Targeted level

Additional Key Adult identified for 1:1 support.

Targeted Nurture and SEAL groups

Access to the Welcome Pod.

THRIVE Programme

Forest School Programme & Pod

Anti-Bullying Ambassadors

Cooking intervention

School Therapy Dog: Milo Time

Mindfulness Yoga

Access to Sensory Pod

Attendance interventions

School engagement with outside speakers/facilitators e.g NSPCC, Police, kooth.com, Green Fingers, equine Therapy

WCF Family Support Workers

Worcestershire Virtual Family Hub

1:1 Parent /Family support. Home visits.

Mood Matters course

Triple P Parenting Course

PPG Support

Breakfast Club, Homework Club

Financial support: uniform, trips, access to extra-curricular activities.

Dedicated PP Mentor and vice mentor

Parent/carer drop ins

Targeted interventions for pp pupils

Supporting Families extra-curricular club